

**Island Junior Hockey League
Code of Discipline
2019-2020**



MINIMUM SUSPENSION GUIDELINES

- The Commissioner has the right to review all penalties and issue longer suspensions as he/she feels it is necessary.

LAST 10 MINUTES & OVERTIME

- All Game Misconducts occurring in the final ten minutes of regulation, including overtime will be subject to an additional one (1) game suspension.

REGULATION 1 – Head Contact

- Major Penalty - minimum two (2) game suspension.
- Match Penalty - minimum three (3) game suspension.
- Accumulations - a player upon receiving his 3rd Head Contact penalty shall result in a two (2) game suspension and two (2) game suspension for each subsequent Head Contact penalty in the same season.

REGULATION 2 - CHECKING FROM BEHIND

- Major Penalty - automatic minimum two (2) game suspension.
- Match Penalty - automatic minimum three (3) game suspension.
- Accumulation Penalties - a player upon receiving his 3rd penalty for checking from behind in the same season shall result in a two (2) game suspension and 2 game suspension for each subsequent checking from behind penalty in the same season.

REGULATION 3 - MAJOR PENALTIES - NON-FIGHTING

- Automatic - 1 game suspension for non-fighting majors or previously stated major penalties.

REGULATION 4 – ACCUMULATED NON-FIGHTING GAME MISCONDUCTS

Game Misconducts - A player accumulating six or more non-fighting game misconduct penalties shall be subject to the following suspensions:

- Upon receipt of 6th Game Misconduct Penalty - One (1) Game Suspension
- Upon receipt of 7th Game Misconduct Penalty - Two (2) Game Suspension
- Upon receipt of 8th Game Misconduct Penalty - Three (3) Game Suspension
- Upon receipt of 9th Game Misconduct Penalty - Four (4) Game Suspension
- Any additional non-fighting Game Misconduct Penalties shall result in an indefinite suspension and full review by the league of the player and the team to determine an appropriate suspension.

REGULATION 5 - INSTIGATING

Accumulated Instigator Penalties - A player accumulating two or more instigator penalties in the same season shall be subject to the following suspensions:

- Upon receipt of 2nd instigator penalty – One (1) game suspension
- Upon receipt of 3rd instigator penalty – Two (2) game suspension.
- Upon receipt of 4th instigator penalty – Three (3) game suspension.
- Upon receipt of 5th instigator penalty – Four (4) game suspension.
- Any additional instigator penalties shall result in an indefinite suspension and full review by the league of the player and the team to determine an appropriate suspension and team fine.

REGULATION 6 - FIGHTING

Two or more fights on the same stoppage of play shall be deemed to be a multiple fight situation and shall be subject to disciplinary action.

6.1 Two (2) Fights on the Same Stoppage - When two fights occur in the same stoppage of play, players involved in the second fight shall be subjected to an automatic suspension.

- If there is no instigator in the second fight - each player is suspended one (1) game.
- If there is an instigator in the second fight - the instigating player is suspended a minimum of two (2) games. The non-instigating player shall not be suspended.

6.2 Three (3) or More Fights on the Same Stoppage – Indefinite league review

6.3 Removing Equipment to Fight - Any player who purposely removes playing equipment prior to or in preparation to fight shall be given a Gross Misconduct and subject to a two (2) game suspension.

6.4 Accumulated Fighting Majors - Above and beyond the preceding fighting regulations, all fighting majors shall tracked and accumulated and shall result in the following suspensions based on accumulated totals:

- Upon receipt of 5th fighting major - One (1) game suspension.
- Upon receipt of 6th fighting major - Two (2) game suspension.
- Upon receipt of 7th fighting major - Four (4) game suspension
- Upon receipt of 8th fighting major - Six (6) game suspension.
- Any subsequent fighting major shall result in a complete review by the league to determine an appropriate suspension and team fine.

6.5 Leaving Player Bench or Penalty Box - Any player who leaves the players bench or penalty box to engage in a fight or participate as a 3rd man in will be subject to a two (2) game suspension.

6.6 3rd Man In – Any player who receives a Third Man In penalty with a game misconduct will be subject to a one (1) game suspension.

REGULATION 7 - GROSS MISCONDUCT

Players and team officials assessed a Gross Misconduct penalty shall incur suspensions in accordance with the following:

- First Offence - Two (2) game suspension
- Second Offence - Two (2) game suspension
- Third Offence - Suspended indefinitely - must appear before the League Disciplinary Committee

REGULATION 8 - MATCH PENALTIES

Match penalty

- Hair pulling - Two (2) games
- Grabbing face mask/visor – Two (2) games
- Spearing - Two (2) games
- Butt-ending - Two (2) games
- Kicking - 3 (3) games
- Head Butting – Two (2) games
- Spitting - Two (2) games
- Slashing - Two (2) games
- High Sticking - Two (2) games
- Cross Checking - Two (2) games
- Deliberate attempt to injure not covered above - Two (2) games

REGULATION 9 - ABUSE OF OFFICIALS

Abuse of Officials

Players assessed a Game Misconduct penalty for abuse of officials shall incur suspensions in accordance with the following:

- First Offence - One (1) game suspension
- Second Offence - Two (2) game suspension
- Third Offence - Suspended indefinitely - must appear before the League Disciplinary Committee.

Team officials assessed a Game Misconduct penalty for abuse of officials shall incur suspensions in accordance with the following:

- First Offence - One (1) game suspension
- Second Offence - Two (2) game suspension.
- Third Offence - Suspended indefinitely - must appear before the League Disciplinary Committee.

Note: The accumulations and consequences are in force for the entire regular season and play-offs.